

ILLNESS MANAGEMENT & RECOVERY (IMR)

Presented by:
Cristin Cahill, LCMHC
Bob Tamposi

Dates:

9/20, 9/27, 10/4 & 10/11

Time:

Each training is 9:00a—1:00p

Those attending must complete the full 16 hours of training

- **Discussion of Philosophy of IMR, Recovery and Evidence for IMR**
- **Overview / Manual**
- **Who Benefits From IMR**
- **Barriers**
 - Client Barriers
 - Overcoming Client Barriers
 - Staff Barriers
 - Overcoming Staff Barriers
- **Orientation**
- **7 Key Strategies in Doing IMR**
 - Client Centered
 - Monitor Response
 - Educational Strategies
 - Motivational Teaching
 - CBT Strategies
 - Emphasis on Stages of Change
 - Good Basic Knowledge of IMR
- **Practical Facts ...and more**



All sessions held at
The Training Institute

Welcoming Light, Inc., 45 High St., Nashua, NH 03060

Register on-line at <http://wli.eventbrite.com/>



